

4-H Family News

MACOMB COUNTY

January 2025 Volume 10 Issue 3



Macomb County 4-H News & Events

County Awards

Macomb County 4-H families are cordially invited to attend the 2024 Macomb County 4-H Awards Banquet on January 27, 2025 at Sycamore Hills Golf Club, 48787 North Avenue, Macomb Township. Doors open at 6:30 p.m. Dinner is at 7 p.m.

Please come and help us recognize our 4-H youth, volunteers and partners for their outstanding work during the 2023-2024 4-H program year! The cost is \$5 per person or \$25 per family.

Please R.S.V.P. online at https://events.anr.msu.edu/4hawardbanquet24/ by 11:59 p.m. on January 13, 2024.

We hope to see you there! If you have any questions, please contact Macomb County 4-H Program Coordinator Nikki Knight at 586-469-5979 or knightn9@msu.edu.

Thank you

Thank you to everyone who supported Macomb County 4-H during our recent CrowdPower campaign, the Tractor Supply Company (TSC) Paper Clover Campaign, and on Giving Tuesday.

Creative Photography & Digital Art Workshop - January 3

Join MSU Extension 4-H for the Creative Photography & Digital Art Workshop, a hands-on class for ages 9-14, on January 3rd from 2-5 p.m. at the <u>Recreation Authority of Roseville and Eastpointe (RARE)</u> in Roseville! From designing Photo Text Art to creating Stop Motion Animations and colorful Pop Art, young artist will learn fun, unique techniques to bring their ideas to life. The cost is just \$10 (snacks included, scholarships available). Sign up now and let the creativity begin! Register here.



4-H Meets Wolcott – Farming 101: Animals & Agriculture

Learn about sheep at MSU Extension's 4-H Meets Wolcott: Farming 101 – Animals & Agriculture on January 12, 2025 from 1-3 p.m. at Wolcott Mill Metropark Farm Center in Ray Township. This is part of an 8-session series. Attend one or more sessions. Other remaining sessions include Introduction to Goats (Jan. 26), Equine Exploration (Feb. 9), and Dairy Cattle/Milk Exploration (Feb. 23). The program is FREE and open to all youth ages 5-19. Learn more and register here.

Macomb County 4-H Staff

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Locations

MSU Extension has two office locations in Macomb County:

VerKuilen Building 21885 Dunham Road, Suite 12 Clinton Township, MI 48036

Max Thompson Family Resource Center 11370 Hupp Avenue Warren, MI 48089

Contact Us

Telephone: 586-469-6431 Email: Macomb.4h@macombgov.org

Subscribe





Other Local News & Events

Rabbit needs a new home

A family is looking to rehome their 3-year-old female Mini Rex rabbit. The new family dog is making the home a not-so-pleasant place for the rabbit. A bunny condo, food and litter for a month would be included. If you're interested, please contact Maresa Rimatzki at 586-405-7084 or misat1@aol.com.

Job Posting: MSUE Finance & Homeownership Program Instructor

MSU Extension has a <u>Finance/Homeownership Program Instructor position</u> open. The position will be based in Warren and will cover Macomb and Wayne counties.

Minimum requirements include a bachelor's degree and two years of experience in program management and delivery in Family and Consumer Sciences, Housing, Social Work, Economics, Finance and/or related field or a combination of education and specific, relevant experience may be considered in lieu of degree.

For more information, visit https://careers.msu.edu and search for position number 1006913. Please direct any questions to msu.edu. Apply by January 7, 2025.



For 2025 Armada Fair Livestock Sale updates, including Livestock Sale permission forms, visit the <u>Fair website</u> or call 586-784-5488. Livestock Sale Permission Forms are typically due to the Armada Fair Office in January.

Statewide & National 4-H News & Events

Cash Composition Contest

Calling all Michigan youth! The 2025 4-H Cash Composition Contest is now open! If you're 9-19 years old (as of Jan. 1, 2025), it's your chance to win a \$100 gift card, thanks to Extra Credit Union!

This year's topic is Credit—Write a 300-word (or less) essay answering this year's question. The deadline is February 28, 2025. There will be three youth winners from each age bracket. Don't miss your chance to show off your money smarts and snag that prize! Find full details and entry information here.

Crash Course: Credit Survival 101 - Jan. 15 or Feb. 4

Youth today are major contributors to the economy and are poised to be the nation's next biggest spenders. Join MSU Extension for FREE on either Wednesday, January 15 at 6pm or Tuesday, February 4 at 5:30 p.m. and discover the secrets to mastering credit with a class that's anything but boring! From understanding credit scores to unlocking tips for smart spending, we'll break down the basics to help you build a solid financial future. Participants will learn:

- ♦ What credit is and how it works?
- ♦ The different types of credit?
- The advantages and disadvantages of credit?
- How to avoid getting in debt?
- ♦ What a credit report is (and how to get yours for free!)?

Bonus: Youth 9-19 will learn how they can win a \$100 gift card by sharing their knowledge on credit.

Register <u>here</u>. For more information, contact Laurie Rivetto, <u>rivettol@msu.edu</u>, or Kathy Jamieson, <u>jamies13@msu.edu</u>.

Statewide Dairy Events

Save the dates for these 2025 4-H dairy events: Michigan 4-H Dairy Conference (March 1-2 at MSU), State 4-H Dairy Quiz Bowl Contest (June 28 at MSU), and Michigan 4-H Dairy Days (July 14-17 at MSU), and the National 4-H Dairy Conference (Sept. 28-Oct. 2 in Madison, Wisconsin). They are open to all Michigan 4-H youth. Registration information will be announced. Please note that with the ongoing HPAI situation, all events are subject to change. For more information, contact 4-H Dairy Educator Kendra Van Order at vandorde4@msu.edu.





Michigan 4-H Day at the Breslin

Save the date! 4-H Day at the Breslin returns on March 1, 2025. For nearly two decades, this has been exciting event attended by Michigan 4-H youth, volunteers and families. We look forward to continuing this event in 2025 as 4-H'ers from across the state come together for a day of fun, comradery and basketball at MSU.

Make plans to join us on March 1 as the MSU Women's Basketball team takes on the Minnesota Gophers. Tickets will be available soon; visit www.canr.msu.edu/events/4-h-day-at-the-breslin for more information.

Michigan 4-H Day with the Detroit Tigers – April 27

Mark your calendars and join MSU Extension for Michigan 4-H Day with the Detroit Tigers on April 27, 2025! The Tigers will be playing the Baltimore Orioles. The game is at 1:30 p.m. and there will be special pre-game activities. Watch for additional information to be announced.

Decreasing Stress with Mindfulness - Jan. 14

Does life have you stressed? If so, join us to learn how stressors can affect our physical and mental health and then practice mindfulness techniques that can be used in everyday life. Attend MSU Extension's FREE Adulting 101 session on Decreasing Stress with Mindfulness on Tuesday, January 14 at 6 p.m. EST. Don't miss out! Register today at www.canr.msu.edu/events/adulting-101-2025.

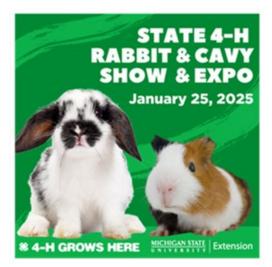
Other 2025 Adulting 101 sessions:

- Medical Insurance Monday, February 10 at 5:30 p.m. EST: Understanding medical insurance can be tricky! Join this session to learn the basics.
- Get it Together: Time and Organization Tips to Thrive Monday, March 3 at 7 p.m. EST: Learn practical tips for mastering organization and time management
- Wealth Building Tuesday, April 8 at 5 p.m. EST: Learn the essentials of saving and investing to grow your financial future, and gain insights into setting financial goals and finding the right financial advisor.
- Stay Safe Out There Thursday, May 15 at 6 p.m. EST: Learn practical strategies to help you stay aware, prepared, and confident no matter where you go.
- International Travel on a Budget Monday, June 2 at 6:30 p.m. EST: Tap into strategies for international traveling on a budget to ensure you reach your next destination overseas.
- Mastering Meal Planning (Wednesday, July 9 at 4 p.m. EST): Learn how to eat healthy on a budget and stretch your food dollars.
- Navigating Life: Addressing and Handling Peer Pressure (Monday, August 18 at 6 p.m. EST): Explore the reality of peer pressure and ways to identify, process, and overcome it, to ensure healthy decision making and positive self-confidence.
- Professionalism: Communicate, Dress and Deliver with Confidence (Wednesday, September 17 at 6:30 p.m. EST): Learn the key elements of professionalism, from effective verbal and written communication to dressing the part and following through on commitments.
- Enjoy your Holidays on a Budget (Thursday, October 23 at 5 p.m. EST): Explore the benefits of a holiday spending plan, how to prioritize needs vs. wants, and set a comfortable budget.
- Navigating Tough Talks: Conflict Resolution & Civil Discourse (Thursday, November 13 at 6:30 p.m. EST): Learn how to manage disagreements with respect and open-mindedness and gain essential tools for navigating tough conversations.

For information, contact Kathy Jamieson, <u>jamies13@msu.edu</u>, Laurie Rivetto, <u>rivettol@msu.edu</u>, or Janice Zerbe, <u>rajzerj@msu.edu</u>.







Attend the State 4-H Rabbit & Cavy Show & Expo

Join us for the 2025 State 4-H Rabbit and Cavy Show and Expo at the MSU Pavilion! Youth may choose to exhibit their rabbit and/or cavy as well as to compete in other contests such as breed identification, photography, educational display, showmanship, and new this year—Skillathon.

Showmanship exhibitors are required to pre-register by January 17. All other contest registrations are done onsite at the show. Educational sessions will also be scheduled throughout the day with the support of the Rabbit School and Rabbit Tutor.

Learn more <u>here</u>.

Michigan 4-H Horse Show Judges & Volunteers Conference – Jan. 11-12

Registration is now open for the 2025 Michigan 4-H Horse Show Judges and Volunteers Conference. This annual event is hosted by the Department of Animal Science and the Michigan 4-H Horse Show Judges Advisory Committee is open to Adult Volunteers, Horse Show managers and Horse Show judges. There is a registration fee of \$100.00, which includes lunch and program materials.

The event will be held January 11 and 12, 2025 at the MSU Pavilion for Livestock and Agricultural Education. Please register by January 6, 2025, to avoid the late registration fee (additional \$25). Register here.

New webinar series is perfect for youth who are new to horse projects

The Michigan 4-H Horse Program is hosting a six-part winter webinar series. The series will focus on an array of topics centered around Youth who are just getting started with horses and the Horse and Pony Project.

Scheduled webinars include:

- ♦ January 15: How to Buy a Horse with Paula Hitzler, Farm Manager at the Michigan State University Horse Teaching and Research Center
- ◆ January 29: The basics of Equine Management with David Lindsay, Extension Education, Michigan 4-H Youth Horse Programs
- February 5: Equine Nutrition basics with Dr. Christine Skelly, Associate Professor and Extension Specialist
- February 18: Being a better boarder and Running a boarding facility with Taylor Fabus, owner and Manager of Fabus Farms
- March 12: From the judges' perspective: Showmanship with Dr. Karen Waite, multi-carded judge and Associate Professor at Michigan State University
- March 26: From the judges' perspective: Ranch Riding with Dr. Alyssa Logan, multi-carded judge and Assistant Professor at Middle Tennessee State University

The webinars will be held at 6 p.m. via zoom and will be recorded. Be sure to join and get involved to learn as much as possible for the upcoming year of fun!

For the webinar link and more information, reach out to David Lindsay at 517-353-1748 or lindsa75@msu.edu.





Michigan 4-H Spark and Share Summit – March 8

Reignite your passion for 4-H at the 2025 Spark and Share Summit March 8th at the Bavarian Inn Lodge and Conference Center in Frankenmuth. 4-H Volunteers and teens can <u>register here</u> for this one-day conference where they can learn new projects and information that they can take back to teach and share in their local 4-H program. Registration is \$65 and includes lunch and selection of up to three breakout sessions. A link to session descriptions is available through the registration page. The deadline for registration is February 8th. Scholarships to attend may be available in some counties. Please contact your local 4-H office for information.

Register today for Michigan 4-H Capitol Experience!

At Michigan 4-H Capitol Experience, teens learn how to change the world for the better through engagement in Michigan's state government and public policy process. The program is scheduled for March 16-18, 2025 in Lansing.

The three-day event, open to high-school-aged youth, includes tours of the Michigan Capitol, interactions with state legislators, meetings with state agency staff, lobbyists and state-level experts and learning how policy is made. During the program, youth work in small teams to draft legislation on agriculture, civil rights, crime, law enforcement and corrections; education; energy, environment and natural resources; health and human services; and jobs and the economy.

The cost to register in 2025 is \$365, which includes most meals, materials, and lodging at the Okemos Conference Center. Please contact your local 4-H program coordinator to inquire about local funding opportunities. Learn more and register https://example.com/here/be-nc/4.



Driven for the Future: Learn about automotive skilled trades & manufacturing careers

Rev up your career in 2025! Join MSU Extension for *Driven for the Future*, a five-part webinar series on **Automotive R&D Skilled Trades and Advanced Manufacturing Careers** and **Career-Building Skills** from January-May 2025. Sponsored by Toyota Research & Development, there's even an exclusive incentive for those who attend all five sessions! This program is FREE and open to all, though geared towards middle school students, high school students, and recent graduates.

Sessions include:

- January 23, 2025 at 6pm EST

 Gear Up for Success through Apprenticeships in Automotive Research and Development
- February 13, 2025 at 6pm EST

 – Ace the Interview March 20, 2025 at 6pm EST

 – Rev Up Your Future: Careers in Automotive Performance and Evaluation
- April 10, 2025 at 6pm EST-Drive Success with Workplace Professionalism
- May 1, 2025 at 6pm EST

 Engineer the Future with Careers in Integrated Vehicle Systems

Learn more about the series and register here.







Apply for 4-H State Awards by April 1st

The commitment you put into "Making Your Best Better" is significant. Through your 4-H experiences you are molding your future by growing your skills, becoming a leader, and serving your community. Your 4-H journey has required curiosity, determination, accountability, and dedication to learning and growth. Your efforts are commendable and deserve to be recognized with a Michigan 4-H State Award, the highest honor bestowed on a 4-H member.

The Michigan 4-H State Awards Program is a hands-on learning experience that allows 4-H members to develop and practice "adulting" skills such as resume writing, filling out an application, and interviewing. Applications and interviews are based on communicating your 4-H participation and learning experiences. Applicants are eligible to compete for cash prizes and be recognized for their 4-H involvement. 4-H members who meet the minimum application score are eligible for a \$50 scholarship toward their 4-H Exploration Days registration. The 2025 Michigan 4-H State Awards will be presented during 4-H Exploration Days on June 18 at MSU.

Who: 4-H members 12-19 years old (on January 1, 2025)

Application deadline is April 1st. Find complete information on the 4-H State Awards website.

Calendar of Events

January 1 Macomb County offices closed

January 3

Creative Photography & Digital Art Workshop

2-5 p.m., Recreation Authority of Roseville & Eastpointe, Roseville

January 6:

Online Parent Talk System Series

Mondays in January & February, online (This parenting workshop is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. This class is for caregivers of toddlers to teens and will take place on Monday evenings for six weeks, beginning on Jan. 6.)

January 11-12

Michigan 4-H Horse Show Judges & Volunteers Conference MSU Pavilion, register by January 6th

January 12

4-H Meets Wolcott Farming 101: Introduction to Sheep

1-3 p.m., Wolcott Mill Metropark Farm Center, Ray Township

January 14

Wild Spartans: Working my Dream Job with Michigan Sea Grant

Online (Take a look into life working with fisheries and wildlife! This month, delve into the freshwaters and skies that surround as you meet Elliot Nelson with Michigan Sea Grant. You'll learn about his work, and the education and career path he followed to get there. Youth will be encouraged to ask questions to learn more through a live Q&A. This free virtual series is youth ages 12-19.)

January 15

Michigan 4-H Horse Program Winter Webinar Series: How to Buy a Horse 6 p.m., online. Contact David Lindsay, lindsa75@msu.edu, to register.

January 14

Adulting 101: Decreasing Stress with Mindfulness

6 p.m., online (Are you ready to leave for college or be out on your own? Are you prepared to do adult tasks related to finances, home, health or finding a career? Adulting 101 can help you learn real life skills to successfully transition to living independently. In this session, learn how stressors can affect physical and mental health and practice mindfulness techniques to use in everyday life.)

January 15

Crash Course: Credit Survival 101

6 p.m., online

January 23

Gearing up for success through apprenticeships: Advance your career in automative research and development

Online (Are you passionate about vehicles and ready to jump-start your career? Enjoy technology, robotics and hands-on problem solving? Join this webinar designed to provide valuable insight into the skills and certifications you need to excel in today's fast evolving automotive industry.)

January 25

State 4-H Rabbit & Cavy Show & Expo

MSU Pavilion, register by January 17

January 26

4-H Meets Wolcott Farming 101: Introduction to Goats

1-3 p.m., Wolcott Mill Metropark Farm Center, Ray Township

January 27

Macomb County 4-H Awards Ceremony

Doors open at 6:30 p.m., dinner at 7 p.m. Sycamore Hills Golf Club, Macomb Township

January 29

Michigan 4-H Horse Program Winter Webinar Series:

Basics of Equine Management

6 p.m., online. Contact David Lindsay, lindsa75@msu.edu, to register.

(Calendar of Events continued on next page)



Calendar of Events (continued)

January 30

Michigan 4-H Volunteer Webinar: Building a Culture of Appreciation by Recognizing 4-H Volunteers and Youth

<u>12-1 p.m.</u> or <u>7-8 p.m.</u>, online (Discover simple, impactful ways to celebrate and recognize volunteers and youth involved in your club.)

February 4

Crash Course: Credit Survival 101

5:30 p.m., online

February 5

Michigan 4-H Horse Program Winter Webinar Series:

Equine Nutrition Basics

6 p.m., online. Contact David Lindsay, lindsa75@msu.edu, to register.

February 9

4-H Meets Wolcott Farming 101: Equine Exploration (Drafts/Minis)

1-3 p.m., Wolcott Mill Metopark Farm Center, Ray Township

February 10

Adulting 101: Understanding Medical Insurance

5:30 p.m., online

February 13

Driven for the Future: Ace the Interview

6 p.m., online

February 18

Michigan 4-H Horse Program Winter Webinar Series:

Being a Better Boarder & Running a Boarding Facility

6 p.m., online. Contact David Lindsay, lindsa75@msu.edu, to register.

February 23

4-H Meets Wolcott Farming 101: Dairy Cattle/Milk Exploration

1-3 p.m., Wolcott Mill Metropark Farm Center, Ray Township

February 28

Cash Composition Contest essays due

March 1

Michigan 4-H Day at the Breslin Center

MSU, East Lansing

March 1-2

Michigan 4-H Dairy Conference

MSU, East Lansing, details TBA

March 3

Adulting 101: Get it Together - Time & Organization Tips

5:30 p.m., online

March 8

4-H Spark & Share Summit

Bavarian Inn Lodge, Frankenmuth

March 12

Michigan 4-H Horse Program Winter Webinar Series:

From the Judges' Perspective: Showmanship

6 p.m., online. Contact David Lindsay, lindsa75@msu.edu, to register.

March 16-18

4-H Capitol Experience

Lansing

March 20

Driven for the Future: Rev up Your Future: Careers in Automotive

Performance & Evaluation

6 p.m., online

March 26

Michigan 4-H Horse Program Winter Webinar Series:

From the Judges' Perspective: Ranch Riding

6 p.m., online. Contact David Lindsay, lindsa75@msu.edu, to register.

April 1

State 4-H Awards application deadline

April 8

Adulting 101: Wealth Building

5 p.m., online

April 10

Driven for the Future: Drive Success for Workplace Professionalism

6 p.m., online

April 2

Michigan 4-H Day with the Detroit Tigers

1:30 p.m. game time, 4-H activities earlier, ticket link TBA Comerica Park, Detroit

May 1

<u>Driven for the Future: Engineer the Future with Careers in Integrated</u>
Vehicle Systems

6 p.m., online

Happy New Year

From the Macomb County 4-H Staff:

Kristi Evans, District Director

Kathy Jamieson, 4-H Educator

Kea Norrell-Aitch, 4-H Educator

Lizz Duran, 4-H Program Coordinator

Nikki Knight, 4-H Program Coordinator

Rebecca Konarski, 4-H Program Coordinator

Roberta Busquaert, Office Assistant - Senior

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